A One Page Guide to Making Smart Decisions...

We all find ourselves making decisions every single day! There are many levels of decision making and our decisions can vary according to our circumstances, mood, and priorities. But how do we make the right decisions? Read these tips below to help you make sound and timely decisions!

Tips (think about it!):

1) Make logical choices. Base your decisions on fact rather than on assumptions and emotions.

2) Making timely decisions doesn’t mean making decisions immediately. Make sure to set your goals and plan ahead to make a decision in a timely manner.

3) Some decisions are more important than others, they deserve more time. Think about others your decision will affect.

4) When there is enough time, map out all the possible options for each decision. Weigh out what’s more important and follow through! Never put off decision making just because it’s difficult. Take steps to find more facts.

5) Ask a peer or a family member (someone who makes good decisions) for their suggestion.

6) Write down all the deadlines and see the bigger picture. Get into a habit of having a planner at all times.

Words of encouragement...

Now and then, decisions need to be made immediately. Make a decision and act on it! Sometimes it won’t be the best decision, but it’s okay. We all make mistakes and mistakes allow us to learn and make better decisions in the future. Just don’t make procrastination into a habit.

“in a minute there is time for decisions and revisions which a minute will reverse.”
-T.S. Eliot

“Good decisions come from experience, and experience comes from bad decisions.”
-Anonymous

“It’s not hard to make decisions when you know what your values are.”
-Roy Disney

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